

GOVT. OF WEST BENGAL

OFFICE OF THE PRINCIPAL

## STATE INSTITUTE OF PHYSICAL EDUCATION FOR WOMEN

HASTINGS HOUSE, 20B JUDGES COURT ROAD, ALIPORE, KOLKATA-27

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(Affiliated to University of Calcutta and Recognised by NCTE)

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Memo:

Dated: 26.03.2025

### NOTICE

All concerned are hereby informed that a “**Certificate Course on Yoga**” (Indian Knowledge System-IKS) of **03 months duration** will be commenced from **Monday, 28.04.2025** only for the **MPed, Sem-4 students**. The course is planned according to the guideline of the **Department of AYUSH, Govt. of India** and will be conducted by the **IQAC, SIPEW, Hastings House**. The duration of the course is 03 months (200 contact hours). The timing for of the course is **2.00 pm to 5.00 pm** every day. **Dr. Putul Mandal** and **Dr. Karuna Sana** will act as course **Director** and course **Coordinator** respectively. Interested candidates are instructed to contact with **Dr. Karuna Sana** mam for getting **admission in the course**.

Sd/-

**Principal**

State Institute of Physical Education for Women  
Hastings House, Alipore, Kolkata-27